

2010 Madison County Health Priorities and Progress-To-Date

Chronic Disease

2010 Health Objective:

Reduce heart disease and death rates.

√ **Diabetes Self Management Program** offered by the Madison County Health Department.

√ Collaboration with local providers to offer a variety of free activities including physical, emotional, creative, and intellectual activities for adults age 55 and over during "Active Aging Week" the last week of September each year.

√ "Living Healthy"- evidenced based chronic disease self management program free of charge through partnership with Land of Sky, Area Agency on Aging.

√ Collaborate with local and regional providers to offer flu vaccinations and free glucose and cholesterol screenings to seniors at the annual *Senior Health Fair*.

√ Promoting "Eat Smart Move More North Carolina" programs offered through NC Cooperative Extension.

√ Madison County Health Department received grant funding from Susan G Komen Foundation to expand the Breast Cervical Cancer Control Program.

√ Coordinated Vote & Vax initiative during early one stop voting.

Child Health

2010 Health Objective:

Reduce the percent of children who are overweight or obese.

Reduce the rate of repeat substantiated maltreatment reports (abuse and neglect) of children.

√ Promoting Cooperative Extension nutrition program "Steps for Health" which educates 3rd grade children and their families about healthy nutrition choices.

√ Collecting height/weight/BMI data for all school children Kindergarten through 8th Grade yearly since 2008.

√ Promoting low cost/no cost physical activity opportunities for school age children during the summer months through the Madison County Parks and Recreation Department to offer "Terrific Tuesdays and Thursdays". Program expanded in 2009 to include Wednesday activities specific for middle school age students.

√ Madison County Health Department received grant funding from Mission Community Benefits Program to:

- offer free evidenced based parenting classes, *Love & Logic*.
- promote a weekly John Rosemond parent advice column in the local paper.
- Produce a multi-media child abuse prevention and awareness campaign.
- provide free childbirth and newborn infant care classes.

Mental Health/Substance Abuse

2010 Health Objective:

Increase the proportion of adults with mental illnesses who receive treatment.

√ Organizing quarterly community Mental Health Forums in the areas of Mental Health/Substance Abuse/ Developmental Disabilities to share information, collaborate among providers, and identify service gaps, etc.

√ Publishing articles in the local newspaper to increase community awareness of access and updates to Mental Health/Substance Abuse services during current changing environment.

√ Child Psychologist added to Madison County Health Department in November 2009 through support from Mission Community Benefits Grant Program to offer mental health/behavioral health services to children and families through new school based health center at Madison Middle School.

√ Promoting the "Telepsychiatry Program" at Madison County Health Department in efforts to address service provider gaps which includes the coordination of patient care through telemedicine with psychiatrist.

√ Promoting Families Together Mobile Crisis Management Program, a service for children and adults in Madison County which provides 24/7/365 on call, telephone, and/or face to face crisis support.

POSTAL CUSTOMER

ECRWSS
PRSRT STD
POSTAGE PAID
PERMIT NO 13
ASHEVILLE, NC

EveryWhere. EveryDay. EveryBody.



Madison 2010 State of the County Health Report



Overview

The 2010 State of the County Health Report is a review of community health priorities that were established during the last Community Health Assessment in 2007. The report provides a brief overview of community indicators, lists progress made toward those indicators, and highlights new initiatives and emerging issues. A complete copy of this report and the 2007 Community Health Assessment can be obtained by contacting the Madison County Health Department at **649-3531** or going to the department's website www.madisoncountypublichealthnow.com.

If you are interested in volunteering for community projects, contact the Madison Community Health Consortium, **649-3531**.

During an emergency, first responders can be better prepared to help if they know ahead of time you or a family member has a special need. To find out how to confidentially register a special need with county responders, contact the Madison County Health Department (**649-3531**) to learn more about the Special Needs Registry.

New Initiatives and Emerging Issues

New Initiatives

2009 NC Healthy Youth Act Education, SPARK Program, Obesity Grant, CSEFEL Program, Welcome Baby Classes, Childbirth Education Classes, Breastfeeding Promotion, Non-Stress Tests, Colposcopy, Expanded Dental Services, Youth Risk Behavior Survey, Patriot Place National Research Project, Allied Health Sciences Students, Wireless Emergency Notification

Emerging Issues

Decreased Funding, Graying Population, Child Obesity, Limited Physical Fitness Opportunities, Electronic Medical Records, Health Care Reform, Substance Abuse/Prescription Drug Abuse, Increase in Sexually Transmitted Diseases

Produced by: Madison County Health Department & Madison Community Health Consortium

493 Medical Park Drive

Marshall, NC 28753

(828) 649-3531

www.madisoncountypublichealthnow.com